



BARNET SENIORS' ASSOCIATION

A Voice for Older Residents

BSA Special E-Bulletin No 2 – 19/10/2018

The next e-bulletin No 46 TBC

Barnet Seniors' Association seeks Distribution Volunteer

Barnet Seniors' Association, a not-for-profit local group for senior citizens, publishes a free bi-monthly newsletter Insider, which is distributed to 10,000 homes and public buildings across the borough of Barnet.

BSA is looking for a new Distribution Volunteer with a car and some experience.

The role involves:

- Maintaining the Distribution Excel Database
- Arranging and delivering batches of the Insider to 80 points in the borough
- Communicating with BSA's Volunteer Street Champions who do door-to-door delivery
 - Promoting BSA News on various Websites

This is a voluntary position and so not remunerated, although travel expenses will be reimbursed.

For an informal and confidential discussion about the role, please contact Nila Patel

Phone: 020 3778 0151 Email: nilapatel16@yahoo.co.uk

If you know anyone who may be interested please can you forward the above details

Barnet Seniors' Association, seeks Hon. Secretary/Administrator

If you have suitable experience, can spare about 12 hours per week and would like to join the small team of keen volunteers working to improve the well-being of Barnet borough's senior citizens, the BSA would love to hear from you.

The BSA, the power behind the two annual Assemblies and the Insider publication, is an independent voluntary organisation for all Barnet's older adults. It is non-political and has no religious affiliations.

The role involves providing background support for the Chair, Hon. Treasurer, Hon. Editor and other committee members; managing BSA email, records and phone communication; organising and minute-taking of monthly executive committee meetings and AGM; drafting documents as required; helping to coordinate the two Assemblies which are in partnership with other organisations.

Interested? Please call 020 8202 7821 or email bsabarnet@outlook.com

If you know anyone who may be interested please can you forward the above details

"GREAT NEWS"

It is with great excitement that Barnet Seniors' Association has been selected as one of the three nominated Volunteer Organisations for the Month of October at

Waitrose in Ballard Lane, Finchley for their Green Disc Scheme.

Please support Barnet Seniors' Association when you shop at this Waitrose during the Month of October 2018 by putting your Green Disc in the Barnet Seniors' Association section.

We will let you know how much money was raised through your support and effort.

Barnet Seniors' Association thanks you in advance for your help.

If you know of anyone else who could help, please forward this e-bulletin on to them.

This E-Bulletin is for general information. BSA takes no responsibility for any information provided by the organisations featured in our E-Bulletin.

If you would like to receive the BSA Newsletter and e-bulletin by email please

Contact Neill: Barnet Seniors' Association – Hon. Treasurer & Insider Newsletter Distribution Volunteer

Mobile: 07722 830397

Email: distribution@barnetseniors.org.uk Website: www.baseas.org.uk

FREE Donations for BSA when you buy online www.easyfundraising.org.uk/causes/barnetsa/

BSA E-Bulletin V2 – 07-03-2017



Barnet Copthall – Coffee Morning

Venue: Copthall Leisure Centre Champions Way NW4 1PX

Date/Day: Tuesday 27th November Time: 11am – 12pm Cost: Free to attend and free parking

Therapists - David Well and Danielle Dwyer
Present on - Arthritis and Osteopathy

Contact: For more information please contact Annalisa on 020 8457 9900 Email: annalisa.cellini@gll.org

Website:

Barnet Copthall – 6th World Wide Aquathon

Venue: Copthall Leisure Centre Champions Way NW4 1PX

Date/Day: Sunday 11th November 2018 Time: 11am - 1pm Cost: £3.00 per Class
Book your classes at Reception

Taster Massages by Saeid Motaali £5.00 (only 10 spaces available. Please book so you don't miss out)

All money raised goes to Cancer Research

Contact: For more information please contact Annalisa on 020 8457 9900 Email: annalisa.cellini@gll.org

Website:

North London Jamat khana – Symposium on Abrahamic Concept of Sacrifice

Venue: North London Jamat Khana 273 East End Road, East Finchley, N2 8AY

Date/Day: Sunday 28th October 2018 Time: 2:00 pm Cost: Entry is free

There will be Discussion Groups followed by High Tea
Entry is free and by prior registration on a first come first serve basis

2.00 pm	:	Registration
2.30	:	Welcome / Introduction
2.35	:	Plenary - 3 speakers @ 15 mins each
3.20	:	Split into 3 or 4 groups (pre-allocated)
3.30	:	Start of 3 or 4 workshops (20 mins)
3.50	:	End of workshops
4.00	:	High Tea
4.20	:	Concluding session (incl. Report back by each workshop)
4.40	:	Tours of Jamat khana
5.30	:	End

Contact: To register please Email: asmina.remtulla@gmail.com

Website:

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**Stephens House & Gardens - A Silent film – The Lodger**

Venue: Stephens House & Gardens, East End Road, Finchley N3 3QE

Date/Day: Saturday 10th November

Time: 7:30pm

Cost: Tickets £10.50 booking essential

A rare opportunity to see Alfred Hitchcock's 1927 silent masterpiece, in the atmospheric setting of the Drawing Room of Avenue House

The Lodger

A Silent film with live accompaniment by Martin Niele

The film is inspired by the tale of Jack the Ripper

When a landlady and her husband take in a new lodger, they're overjoyed: He's quiet, humble and pays a month's rent in advance. But his mysterious and suspicious behaviour soon has them wondering if he's the killer terrorizing local girls.

The Lodger is played by 1920's/30's heart throb Ivor Novello a composer and actor who became one of the most popular British entertainers of the first half of the 20th century and whose most popular song was Keep the Home Fires Burning.

The Film is accompanied on the key board by Martyn Niele, who began his career as a pianist as a young man in New Zealand accompanying the great silents and who largely improvises the score. There will be an opportunity to talk to Martyn about the history of silent film music and his techniques after the screening.

Tickets can be booked via the website

Contact: Melanie Wynyard

Email: vlo@stephenshouseandgardens.comWebsite: www.stephenshouseandgardens.com**Barnet Local Policing**

The Met Police are pleased to announce a tri-borough project we are doing to promote contact details of local policing teams Below is a link to a poster that was created which contains all the Neighbourhood Policing ward contact details for the Borough of Barnet. As community and faith groups, the Met Police would like to request you help in spreading these details to your service members/followers.

The Met Police have laminated posters available in both A2 and A3 in size so if you'd like a hard copy to hang up and promote our details, please contact Augustine.Anyaegbuna@met.police.uk

The below is the online link to the poster which you can download.

<https://drive.google.com/file/d/1rH0xGQECs4SEGAUVJ0JgIkjwoT7MoWWx/view?usp=sharing>

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