



# BARNET SENIORS' ASSOCIATION

A Voice for Older Residents

## BSA E-Bulletin No 41

The next e-bulletin will be sent out on the 6<sup>th</sup> Aug 2018, for inclusion please send details by 1<sup>st</sup> Aug

### **Asian Community Arts & Katha UK – Present – “Repertoire” By Guru Pali Chanfra**

Venue: Artsdepot, 5 Nether Street, Tally Ho Corner, North Finchley N12 0GA

Date/Day: Sunday 22nd July 2018      Time:      Doors Open: at 6:30 pm      Cost:      £20 per Person

Vibrant yet delicate nuances of kathak in Lucknow gharana style. Choreographed by Gura Pali Chandra, leading her team from Gurukul Dubai, Zurich and Bangalore.

Chief Guest: The Worshipful the Mayor of Barnet, Cllr. Reuben Thompstone

Supporting Mayor’s Charities: Kisharon, Live Unlimited and Barnet Carers Centre

Contact: Box Office on 020 8369 5454

Email:

Website:

### **Barnet Torch Fellowship Group**

Venue: Underhill Baptist Church, 42 Elton Avenue (just off Mays Lane), Barnet EN5 2EA

Date/Day: Every 3rd Saturday of the month      Time:      3.00-5.00pm      Cost:      FREE

“Our aim is to encourage Blind or Visually Sighted People to get to know Christ in a small, friendly/fun and informal group.”  
Lifts are available BUT New Drivers & Helpers are always welcome”

Contact: For Further information contact Elsie 020 8449 7086

Email:

Website: [www.torchtrust.org](http://www.torchtrust.org)

### **DEMENTIA CLUB UK - Launch Party on Wednesday 18th July 2018**

Dementia Club UK in association with The Rotary Clubs of Edgware & Stanmore and Northwick Park are holding a Launch Party on Wednesday 18th July 2018 from 2.30pm to 4.30pm at: John Keble Church The Baden-Powell Centre, Deans Lane, Edgware, Ha8 9NT. A buffet and refreshments will be available. Join in to do some Yoga with Richard and then enjoy some singing and dancing with Ronnie our musical entertainer.

Everyone is welcome to attend.

For further information please call Lisa the Chairman 07956 858 913 or email [lisa.rutter@dementiaclubuk.org.uk](mailto:lisa.rutter@dementiaclubuk.org.uk)

### **DEMENTIA CLUB UK - NEW VENUE IN BOREHAMWOOD**

A new Dementia Club is opening in Borehamwood on the 3rd Monday of every month at 2.30pm - 4.30pm. The first session will be on Monday 16th July 2018 at;

Allum Manor, (Manor House Room 2) 2 Allum Lane, Elstree, Hertfordshire, WD6 3PJ.

For further information please call Lisa the Chairman 07956 858 913 or email [lisa.rutter@dementiaclubuk.org.uk](mailto:lisa.rutter@dementiaclubuk.org.uk)

This E-Bulletin is for general information. BSA takes no responsibility for any information provided by the organisations featured in our E-Bulletin.

If you would like to receive the BSA Newsletter and e-bulletin by email please

Contact Neill: Barnet Seniors' Association – Hon. Treasurer & *Insider* Newsletter Distribution Volunteer

Mobile: 07722 830397

Email: [distribution@barnetseniors.org.uk](mailto:distribution@barnetseniors.org.uk) Website: [www.baseas.org.uk](http://www.baseas.org.uk)

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### HGS U3A - Open Day for New Members

Venue: Alyth, Alyth Gardens, London NW11 7EN

Date/Day: Tuesday 4 September Time: 10 am to 12 noon Cost: FREE

Hampstead Garden Suburb University of the Third Age (HGS U3A) welcomes new members.

There are over 60 interest groups covering a wide range of topics. Ideal for retired and semi-retired people

Contact: Daphne Berkovi 07734 252 045

Email:

Website: <https://hgsu3a.uk>

### Mill Hill Garden & Allotment Society - 70<sup>th</sup> Annual Show

Venue: St Michael and All Angels Church in Flower Lane London NW7 2JA

Date/Day: September 1st, 2018 Time: From 2.15 to 5pm Cost: Entry for adults is £1.50

Do come and enjoy displays of our produce, gorgeous flowers, photos, home cooked food and preserves plus refreshments, the chance to buy our fruit and veg. and a raffle too

Contact:

Email:

Website:

### Coffee Morning

Venue: M's Place 787 High Road London N12 8JT

Date/Day: 4th Tuesday of every month Time: 10.30 - 12.00pm Cost: Free - but please buy a drink.

It is a great way to meet local people and make new friends!

If any you or any of your friends have not joined us before, please ask them to come along.

The group is open to anyone [men and women] 55+

Looking forward to seeing you there

Contact: For more information contact Rosanna

Email:

Website:

### Ciao! Group meeting

Venue: M's Place 787 High Road London N12 8JT

Date/Day: Thursday 19th July Time: 1.30pm Cost: Free - but please order and pay for whatever you want to drink and/or eat upon arrival as there is no table service.

This is a local 55+ group for men and women with an Italian background either born in Italy or born in England with Italian parentage who would like to meet once a month for a coffee and chat about Italy and all things Italian. We also circulate information about Italian events/exhibitions and occasionally go out for meals.

Looking forward to seeing you there. Ciao!

Contact: For more information contact Rosanna

Email:

Website:

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### Barnet Cophall Open Day

Venue: Cophall Leisure Centre Champions Way NW4 1PX

Date/Day: Saturday 21<sup>st</sup> July

Time:

Cost: FREE

Come along to meet new people and get active, Simply bring your trainers and Swimsuit

#### Programme of the Day

12.30pm: Registration

1pm – 1.45pm – Water Workout

2pm – 3pm – Tea/Coffee & Health Assessments

3pm – 3.30pm – Wellbeing & Exercise Seminar

Contact: For more information please contact  
Annalisa on 020 8457 9900

Email: [annalisa.cellini@gll.org](mailto:annalisa.cellini@gll.org)

Website:

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